

Junior Black Belt Requirements

Name _____ Date Received Third Level Red _____

Goal Date _____

Who did you receive your red belt from (main instructor)? _____

<u>Description</u>	<u>Location</u>	<u>Date</u>	<u>Signature</u>
Help in tournaments:	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
	_____	_____	_____
Refereeing and Judging seminar from the Director:		_____	_____
Nominated by a Black Belt		_____	_____
Nominated by a Black Belt		_____	_____
Essay on why they deserve their junior Black Belt and what they have to offer The A.S.K.		_____	_____
Keep a Journal as a Red Belt		_____	_____
Train minimum three sessions		_____	_____
		_____	_____
		_____	_____
Tie Belt on other students		_____	_____
Report card		_____	_____

Thirty (30) hours of assisting in the junior class. (Instructor: initial one box for each hour of assisting)

Sixty (60) hours training as Red Belt (Instructor: initial one box for each hour of training)

Attend and participate in all events hosted in your local area per year.
(*Ninja camps, seminars, and tournaments, black belt ceremonies, etc.*)

Tournaments

Black Belt Ceremonies

--	--	--	--

Ninja Camps

--	--	--	--	--	--	--	--

Seminars

--	--	--	--	--	--	--	--